

## **Club 100 Charities Host Exciting Jr. Olympics Boxing Tournament**

On Saturday April 11, 2009 Club 100 Charities and the Florida Gold Coast Boxing Association hosted the 2009 Jr. Olympics Boxing Elimination Tournament along with two Golden Gloves State Championship matches. These matches took place at the Jupiter West Recreation Center, and every seat was filled and many were standing due to attendance of over 400. There were 13 exciting matches with finely trained athletes from all over Florida. The winners of the Golden Gloves advance to the National Golden Gloves Championship to be held in Salt Lake City, Utah, and the winners of the Jr. Olympics advance to the Regional Tournament to be held in South Carolina. The winners of the Regional's will advance to the National Jr. Olympic Tournament to be held in Denver Colorado.

Shown in this picture is Club 100's coach who epitomizes the definition of unwavering love and dedication to our youth. In addition to supporting his family Afshin and his wife Anita spend a minimum of 15 hours per week volunteering in the gym with their boxers. Add to this the average of 32 hours spent several times a year away on weekend tournaments insuring their boxers are rewarded for their efforts. This dedication is repeated many times over at boxing gyms throughout the state. These coaches are only the tip of the iceberg needed to support this outreach. Coaches, USA Boxing Officials, Physicians, Referees, Judges, and Parents all pull together to reach these youngsters and keep them off the streets. We had over 25 volunteers involved in this tournament traveling from as far away as Miami.

### **It's More Than Boxing**

Boxing is unique given its ability to build character, self-discipline, self-esteem, and many other critical skills for adult survival. Amateur Boxing serves as a vehicle for bringing America's youth into a constructive area of personal development. Confidence building, believing in one's inherent value and positive contribution flourishes in this type of atmosphere. A Dad approached a coach at our boxing facility and said *"I know every kid here by sight and most by name. Many are sitting on the fence undecided which way to go and I'm sure that due to your caring involvement most are going to go in a good direction"*.